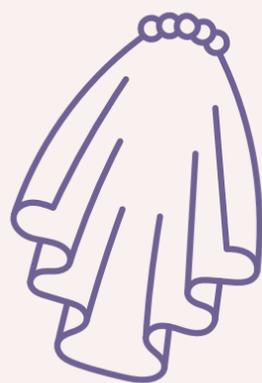


WEDDING DAY TIPS FOR BRIDES

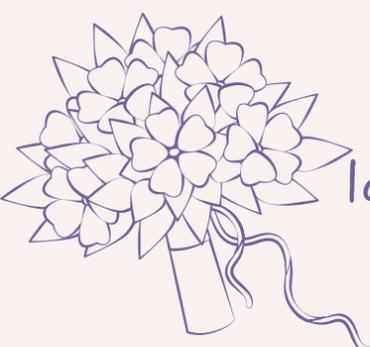
STAY RELAXED

Start your day with some self-care and relaxation. Take a deep breath and enjoy the moments leading up to the ceremony.



DELEGATE TASKS

Assign someone trustworthy to handle any last-minute tasks or details on the wedding day, so you can focus on enjoying the moment.



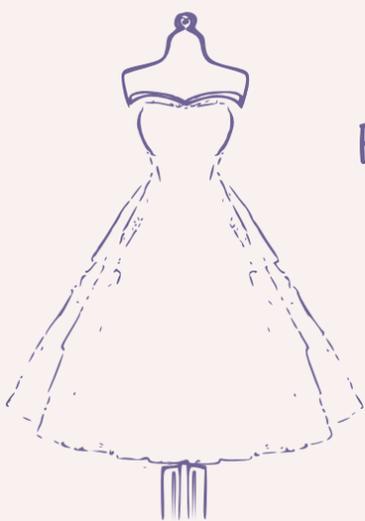
EAT BREAKFAST

Remember to have a nourishing breakfast to keep your energy up throughout the whole day.



PLAN EXTRA TIME

Factor in extra time for hair, makeup, and getting dressed. This way, you won't feel rushed, and there's room for any unexpected delays..



COMFORTABLE SHOES

If you're wearing heels, consider having a pair of comfortable shoes for later in the day, so you can dance and mingle without discomfort

EMBRACE THE EMOTIONS

Let yourself feel all the emotions of the day - happiness, excitement, and even a touch of nervousness. It's all part of the experience.



BE PRESENT

Take a few moments throughout the day to soak in the atmosphere and cherish the special moments with your loved ones.